



Alex Best



Alex was born on the 29th of January, 1972. She grew up in Cheam, Surrey, and now lives in Wimbledon Village with Red and Rua, her beautiful Red Setters.

Alex Best, who won Rear Of The Year 2004 has become a household name for many years and starred in *"I'm A Celebrity Get Me Out Of Here"*. She lists her hobbies as painting, interior design, cooking reading and crosswords and has participated in many extreme sports from parachute jumping and hang gliding in the Swiss mountains to swimming, clay pigeon shooting and country pursuits and looking after her dogs.

Following her success in the Jungle, Alex became one of the UK's hottest celebrities exclusively appearing on the covers of prestigious publications such as Hello Magazine, Loaded, Daily Mail's Night and Day, Maxim, OK and many more. Alex has also written a regular column for the UK celebrity magazine Closer and frequently graces the red carpet of cat-walk top celebrity events attracting media attention wherever she goes.

Alex has also worked as a guest presenter on ITV's *"This Morning"* covering everything from travel to interviewing the stars of *"Footballers' Wives"*. Despite her busy schedule she still manages to find time to pursue her charity work and is Patron of the award winning Northern Ireland Charity, Aids 2000.

Her profile has helped enormously in the fight to raise awareness of HIV/Aids and is actively involved with the charity for all their fund raising events from parachute jumps to the glitz and glamour of the Annual Red Ribbon Ball. Alex is also heavily involved with the Children's Trust Hospital at Tadworth, and has participated in many fundraising events for them. She also donated all her proceeds from *"I'm A Celebrity Get Me Out Of Here"* which was £123,000 to this charity.